## Skill sheet 7 Choose your level—up or down

Learning English is flexible. You can easily change the level of any lesson you are studying. If a lesson is difficult, make it easier. If is it too easy, make it more challenging.

Book section	✓ Level down—easier	⚠ Level up—more challenging
Preview	<ul> <li>Study the words before class. Make vocabulary cards.</li> <li>Look at the pictures. How many of these words do you already know?</li> </ul>	<ul> <li>Look at the words. How many other words can you add? Do you know words with the same or opposite meanings? (Alone or with a partner).</li> <li>Close your book. How many can you remember?</li> </ul>
Listening	<ul> <li>Read the task before you listen.</li> <li>Listen with a partner. Talk about what you DO understand.</li> <li>(After you listen). Listen to the Audio CD. Touch the words and pictures as you hear them.</li> <li>(After you listen). Do the Extra Listening in the back of your book.</li> </ul>	<ul> <li>As you listen, write 2–3 extra pieces of information for each item.</li> <li>Try shadowing as you listen—see the "shadowing" Skill Sheet.(After you listen).</li> <li>Listen to the Audio CD. Close your eyes. Imagine the conversations.</li> <li>(After you listen). Do the Extra Listening practice in the back of your book. Then listen again. Can you notice the key vocabulary and grammar?</li> </ul>
Conversation	Practice with a partner. When you speak, don't look at the book. Look at your part- ner's eyes. (This helps your memory).	<ul> <li>Close your book. Have a similar conversation. Personalize and expand the conversation.</li> <li>Close your book. Try to remember the conversation. Write it. Then check. (Alone or with a partner).</li> </ul>
Pairwork	<ul> <li>Spend extra time on Pronunciation and Think Time. This helps you notice:</li> <li>What you want to say</li> <li>How you will say it</li> <li>When you finish, recycle the task. Do it again using the other page (A or B). It will be easier the second time. Your English will be better, too.</li> </ul>	<ul> <li>Say 2–3 extra sentences (ideas, more information, etc.) each turn.</li> <li>Try shadowing your partner—see the "shadowing" Skill Sheet.</li> <li>When you finish, close your books. How much information can you remember?</li> </ul>
Language Check	Study the <b>Grammar Target</b> before you start.     Do it online (www.efcafe.com). Check your answers online. If you make a mistake, find the correct example in the Grammar Target.	<ul> <li>Write one extra sentence for each grammar item.</li> <li>Think of more words for the Vocabulary Check.</li> <li>Study the grammar and vocabulary pages in the back of the book.</li> </ul>
Interaction	Spend extra time on the Language Model and Think Time. This helps you notice:     What you want to say     How you will say it	<ul> <li>Try to guess the missing words in the language model before listening.</li> <li>Say more sentences. Say longer sentences.</li> <li>Add more ideas to the Idea Box.</li> </ul>
Real Stories	<ul> <li>Listen once. Then read the story and write the missing words. Listen again to check.</li> <li>Write Your Story (step 3) in your first language first. Then write it in English.</li> </ul>	Write a longer story.     Submit your story at www.efcafe.com/onyourown.html.



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